	Chapter 1: The Case for Organizational Health
Organizational Health	<ul> <li>Organizational Health is about integrity, which is defined as being whole, consistent &amp; complete         <ul> <li>When management, operations, strategy and culture fit together</li> <li>The single greatest advantage any company can achieve</li> </ul> </li> <li>Successful organizations are both Smart &amp; Healthy         <ul> <li>Smart</li> <li>Strategy, Marketing, Finance, Technology</li> <li>Healthy</li> <li>Minimal Politics &amp; Confusion, High Morale, High Productivity, Low Turnover</li> </ul> </li> <li>Leaders focus more on smart because it is objective and an area where they are comfortable</li> <li>Being smart is a commodity (permission to play), and offers little sustainable advantage</li> <li>Healthy organizations will naturally get smarter over time; smart organizations will not get healthy</li> </ul>
Why is organizational health overlooked by leaders?	<ul> <li>The Sophistication Bias – organizational health seems too simple to be an opportunity</li> <li>The Adrenaline Bias – organizational health is not exciting enough to focus on</li> <li>The Quantification Bias – organizational health is difficult to quantify and measure results</li> </ul>
Why is organizational health overlooked in literature? (media & academia)	<ul> <li>Not sexy</li> <li>Can't be measured</li> <li>Too basic – leadership, teamwork, culture, strategy, meetings are looked at as too basic and evaluated individually vs. integrating them into the whole</li> </ul>
	Chapter 2: The Four Disciplines Model
The Four Discipline Model	Discipline 1: Build a Cohesive Team     Discipline 2: Create Clarity     Discipline 3: Overcommunicate Clarity     Discipline 4: Reinforce Clarity
Discipline 1: Build a Cohesive Team	<ul> <li>Behavior 1: Build Trust</li> <li>Behavior 2: Mastering Conflict</li> <li>Behavior 3: Achieving Commitment</li> <li>Behavior 4: Embracing Accountability</li> <li>Behavior 5: Focusing on Results</li> </ul> Results Commitment Conflict Trust
Discipline 2: Create Clarity	<ul> <li>Question 1: Why do we exist?</li> <li>Question 2: How do we behave?</li> <li>Question 3: What do we do?</li> <li>Question 4: How will we succeed?</li> <li>Question 5: What is most important right now?</li> <li>Question 6: Who must do what?</li> </ul>
Discipline 3: Overcommunicate Clarity	Cascading Communication     Top Down Communication     Upward & Lateral Communication
Discipline 4: Reinforce Clarity	Recruiting & Hiring Orientation Performance Management Compensation & Rewards Recognition Firing
all all all and the second	Chapter 3: Discipline 1 – Build a Cohesive Leadership Team
Defining a Leadership Team	"A leadership team is a small group of people who are collectively responsible for achieving a common objective for their organization"     Becoming a team requires an intentional decision on the part of each team member     A working group is like a golf team, where individual players add their scores to the team tota     A team is like a basketball team that plays simultaneously, interactively & dependently
"Small group of People"	3 - 10 people     Teams need to be small enough to communicate via both advocacy and inquiry     Advocacy: Stating your case & making your point     Inquiry: Asking questions to seek clarity about another person's advocacy     When teams are too large, team members focus only on advocacy since they get less "air time"     Leadership teams can get too large trying to be inclusive of all leaders (Noah's Ark Leadership)
"Collectively Responsible"	Collective responsibility requires selflessness and shared sacrifices from team members     Requires tangible (e.g. budget, head count, etc.) and non-tangible sacrifice (e.g. time, emotion)     Cohesive teams work together on topics outside of their direct responsibility

"Common Objective"	Team members must see their goals as collective and shared when It comes to managing the to
	priorities of the greater organization
Behavior 1: Building Trust	<ul> <li>Building trust is the foundation of an effective leadership team</li> <li>Vulnerability Based Trust – Team members must be comfortable being transparent &amp; honest  o Must abandon pride, ego for the collective good of the team  o Can state things like "I need help", "I screwed up", and "your idea is better than mine"</li> <li>A team cannot become too vulnerable (but use appropriate judgment &amp; common sense)</li> <li>Fundamental Attribution Error - attributing the negative aspects of a colleague's behavior to intentions &amp; personality, while attributing negative aspects of behavior to environmental factors</li> <li>Tools to Build Trust:  o One exercise to build trust is to have team members share a few things about their lives  o Another method is behavioral profiling, for example: Myers Briggs  Leaders must lead by example and go first in these exercises</li> </ul>
Behavior 2: Mastering Conflict	<ul> <li>Trust allows teams to engage in healthy conflict (fear of conflict is a sign of problems)</li> <li>With Trust, conflict becomes nothing but the pursuit of truth in order to find the best answer</li> <li>Without Trust, conflict becomes politics and manipulating others to win an argument</li> <li>Conflict can be uncomfortable, but "no pain, no gain" – must be willing to push the limit a bit</li> <li>Leaders who avoid conflict transfer problems to others, who must ultimately resolve the issue</li> <li>Conflict Continuum – the ideal point of conflict is just to the left of the boundary below</li> </ul>
	Ideal Point
	Constructive Conflict Destructive Conflict
	Artificial At times, variation around the ideal point Mean Spirited Harmony allows conflict to go a bit too far Attacks
	Tools to Master Conflict  Mining for conflict during meetings  Real-time Permission = real-time positive re-enforcement to applaud constructive conflict
Behavior 3: Achieving Commitment	<ul> <li>Conflict allows a team to achieve commitment         <ul> <li>"If people don't weigh in, they can't buy in" - "Disagree &amp; commit"</li> </ul> </li> <li>Only when colleagues speak up and put their opinions on the table can a leaders confidently fulf one of their most important responsibilities – breaking ties that occur in different opinions</li> <li>At the end of a meeting, cohesive teams must take the time to ensure everyone has the same understanding of what the team just committed to do (and what to communicate to others)</li> </ul>
Behavior 4: Embracing Accountability	<ul> <li>Achieving commitment allows teams to hold each other accountable</li> <li>Peer-to-peer accountability is the most effective – always going to the leader creates politics</li> <li>Leaders can only develop peer-to-peer accountability by setting the example and holding employees accountable for behavior issues (short of simply firing them) <ul> <li>Confronting someone about behavior is difficult because it is more subjective</li> <li>On cohesive teams, minor behavioral issues are addressed in public so everyone: 1) gets th same message, 2) sees the example, and 3) has the accountability culture re-enforced</li> </ul> </li> <li>Team Effectiveness Exercise <ul> <li>Each team member writes one item others do to make the team better and one item that sometimes hurts the team.</li> <li>Starting with the leader as the recipient, each team member provides the positive feedback (the leader is then allowed a one sentence response to acknowledge the feedback).</li> <li>Each team provides then provides constructive feedback (and a one sentence response)</li> </ul> </li> </ul>
Behavior 5: Focusing on Results	<ul> <li>Trust, Conflict, Commitment and Accountability allow teams to focus on results</li> <li>If an organization rarely achieves results, by definition it does not have a good leadership team</li> <li>Collective Goals – goals shared across the entire leadership team</li> <li>Team Number One – the larger organizational goals must take priority over departmental goals</li> </ul>
Checklist for Discipline 1: Building a Cohesive Leadership Team	A leadership team can be confident that they've mastered this discipline when they:  Have a team that is small enough to be effective (3-10 people)  Trust and can be truly vulnerable with each other  Regularly engage in productive, unfiltered conflict around important issues  Leave meetings with clear-cut, active and specific agreements around decisions  Hold one another accountable to commitments and behaviors  Focus on "team number one", meaning that collective priorities trump department objectives

	Chapter 4: Discipline 2 – Build a Cohesive Leadership Team
Creating Clarity	<ul> <li>Clarity is achieving alignment and ensuring clear consistent messages to subordinates so that there is little room for confusion, disorder, and infighting</li> <li>Leaders at the top often underestimate the impact of even subtle misalignment on subordinates</li> <li>Creating clarity requires: 1) Cohesion at the top, 2) Avoiding jargon, 3) Time (days not months)         <ul> <li>Do not wait for perfection – take time to create good answers to the 6 questions and execute</li> </ul> </li> <li>Playbook – an effective way to keep decisions alive is to document the answers to the six questions (below) in a 1-2 page playbook that team members carry with them at all times</li> </ul>
Question 1: Why do we exist?	<ul> <li>The underlying reason for being an organization – its purpose – must be completely idealistic</li> <li>Two problems arise if the underlying purpose of the organization is not identified:         <ul> <li>Teams do not achieve a real sense of commitment</li> <li>Decisions are not made with an understanding of the implications on the organization</li> </ul> </li> <li>Critical factors in finding an organizations reason for existence         <ul> <li>Answering this question is the simply start of the clarity process (not the end)</li> <li>The reason for existence must be true (not fabricated)</li> <li>The purpose for identifying the reason is internal – it is not for marketing – not a differentiator</li> </ul> </li> <li>The process starts by asking, "How do we contribute to a better world"         <ul> <li>The answer is the refined by continually asking "why" until the most idealistic reason is found</li> <li>The final answer is idealistic - just shy of "to make the world a better place"</li> </ul> </li> <li>Why do we exist categories:         <ul> <li>Customers: To serve the needs of customers (e.g. Nordstrom)</li> <li>Industry: Existing for the love of the industry (e.g. hotels, ranching)</li> <li>Greater Cause: Something connected to what it does (e.g. Southwest = allowing all to fly)</li> <li>Community: Making a specific geographic place better (e.g. a youth club, civic organization)</li> <li>Employees: Providing better opportunities for the employees</li> <li>Wealth: To provide wealth for the owners</li> </ul> </li> </ul>
Question 2: How do we behave?	How an organization behaves is embodied in core values – what is done and what is not tolerate       Companies that adhere to core values will attract the right people and repel the wrong       Do not try to be all things to all people – creating too many core values causes confusion      Different kinds of values     Core – two to three traits that are inherent in an organization and do not change over time       Aspirational – traits that an organization wishes it had and believes it must develop       Permission to Play – traits that are the minimum behavioral standards required in an org       Accidental – traits that came about unintentionally and aren't necessarily good      Determining core values
	<ul> <li>Core values are traits that are natural and apparent in the organization for a long time</li> <li>Identify employees who embody what is best about the company</li> <li>Identify employees who were talented, but not a good fit for the company</li> <li>Name the core value – try to find a simple, unique, descriptive name ("floor sweeper")</li> <li>Be honest about whether the current leadership team embodies the core value</li> </ul>
Question 3: What do we do?	<ul> <li>A simple, non-idealistic description of what the organization actually does         <ul> <li>This question should take the least amount of time to answer</li> <li>The answer should not be crafted for marketing material – keep it basic</li> <li>The answer can change over time, but only when there is a significant need to shift</li> </ul> </li> <li>Examples:         <ul> <li>Utility: "Generate and deliver electrical and natural gas products and services for the state"</li> <li>Credit Card: "Provide payment products and extend credit to consumers"</li> <li>Medical: "Discover, develop, make &amp; commercialize better medicines thru integrated science</li> <li>Church: "Provide sacraments, outreach services, counseling &amp; religious education for parish"</li> </ul> </li> </ul>
Question 4: How will we succeed?	<ul> <li>Answering the question, "How we will succeed" essentially determines the organizational strategy         <ul> <li>Organizational Strategy: Intentional decisions that differentiate the company from competitors</li> <li>Strategic Anchors: To make the strategy practical, identify 3 strategic anchors that inform all decisions and answer the question, "how will we succeed"</li> </ul> </li> <li>Identifying Strategic Anchors – use a reverse engineering approach         <ul> <li>Identify an exhaustive list of everything that is true about the organization's current situation</li> <li>Look for patterns in the list and identify the organization's strategic direction</li> </ul> </li> <li>Unlike the core values, the strategy will change when the competitive landscape shifts</li> </ul>
Question 5: What is most important right now?	<ul> <li>To create clarity, every organization must have a single top priority <ul> <li>Most organizations have too many top priorities; if everything is important, nothing is</li> <li>Emergency responders avoid politics because they have a single, urgent objective</li> <li>"If we accomplish only one thing during the next X months, it would be"</li> </ul> </li> <li>Thematic Goal – a single unifying rallying cry that answers "what is most important right now" <ul> <li>Singular: One thing must be the most important, even if there are other worthy goals</li> <li>Qualitative: Quantifying a goal too early can narrow it and limit the ability to rally around it</li> <li>Temporary: Must be achievable within 3-12 months</li> <li>Shared Across the Leadership Team: Leaders must take collective responsibility for the goal</li> </ul> </li> </ul>

Question 5: (continued)	<ul> <li><u>Defining Objectives</u> – general categories that further clarify the thematic goal and allow it to be accomplished (must be qualitative, temporary, and shared by the entire team)</li> <li><u>Standard Operating Objectives</u> – ongoing and relatively straight forward areas of responsibility that are needed to keep the company afloat (e.g. revenue, expense, on time delivery, etc.)</li> </ul>
Question 6: Who must do what?	<ul> <li>Although many organizations use conventional department titles (e.g. sales, marketing, finance, engineering), it is often informative to have each team member document their responsibilities</li> <li>Clarifies where there are gaps and duplication</li> <li>The CEO often presents a problem by being too involved in functional activities or past jobs</li> </ul>
Checklist for Discipline 2: Creating Clarity	A leadership team can be confident that they've mastered this discipline when they:  Know, agree on, and are passionate about the reason the organization exists  Have clarified and embraced a small, specific set of behavioral values  Align on a strategy that defines success and differentiates them from competitors  Have common ownership for one clear, near term goal (3-12 months)  Understand one another's roles and responsibilities  Concisely summarize the elements of organizational clarity and regularly referenced them
	Chapter 5: Discipline 3 – Overcommunicate Clarity
Overcommunicate Clarity	<ul> <li>Employees, as a rule, won't believe what is being communicated until they hear it seven (7) times or Leaders sometimes confuse the simple act of communicating information with the ability of others to understand, internalize, and embrace it – repetition is necessary</li> <li>Leaders must become a Chief Reminding Officer – set direction and remind other regularly (even though it may seem overly repetitive, wasteful, and sometimes boring)</li> <li>At the end of a meeting, leaders must review results and decide what to communicate</li> <li>Cascading Communications – from senior leadership to each function to each sub-organization</li> <li>Three keys: 1) Consistent message, 2) Timely delivery, 3) Real-time (vs. e-mail)</li> <li>Top Down Communication – the most common direction; be consistent, authentic, relevant</li> <li>Upward and Lateral Communication – upward communication is important, but also not a panace</li> <li>Leadership is not always a democracy; a cohesive message goes a long way</li> </ul>
Checklist for Discipline 3: Overcommunicate Clarity	A leadership team can be confident that they've mastered this discipline when they:  Clearly communicate the six aspects of clarity (above)  Regularly remind employees about the aspects of clarity  Leave meetings with clear agreement about what to communicate & do it quickly  Know that employees are able to accurately articulate the six aspects of clarity
	Chapter 6: Discipline 4 – Reinforce Clarity
Reinforce Clarity	Leaders must do everything they can to structurally reinforce answers to the six questions     Human systems are the tools for reinforcing clarity – the best are simple & least sophisticated     Ensure there is not too much structure – "Institutionalize the culture without bureaucratizing it
Recruiting & Hiring	<ul> <li>Good hiring helps organizations bring in the right people and keep the wrong ones out,</li> <li>The organization must define right &amp; wrong (see the six questions above)</li> </ul>
	<ul> <li>Focus beyond simply technical skills in the interview process</li> <li>There must be some structure to the interview process, but without too much (less is more)</li> <li>The process must be consistent across departments</li> <li>The Interview process should be natural and unconventional in order to observe behaviors</li> <li>Classical process = 1) sit behind desk and ask questions about resume, 2) no planning with other interviewers, 3) all interviewers ask the same questions</li> <li>Unconventional process = taking a walk, going shopping, getting a sense of behavioral fit</li> </ul>
Orientation	<ul> <li>Focus beyond simply technical skills in the interview process</li> <li>There must be some structure to the interview process, but without too much (less is more)</li> <li>The process must be consistent across departments</li> <li>The Interview process should be natural and unconventional in order to observe behaviors</li> <li>Classical process = 1) sit behind desk and ask questions about resume, 2) no planning with other interviewers, 3) all interviewers ask the same questions</li> </ul>
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Orientation  Performance Management  Compensation & Rewards	<ul> <li>Focus beyond simply technical skills in the interview process</li> <li>There must be some structure to the interview process, but without too much (less is more)</li> <li>The process must be consistent across departments</li> <li>The Interview process should be natural and unconventional in order to observe behaviors</li> <li>Classical process = 1) sit behind desk and ask questions about resume, 2) no planning with other interviewers, 3) all interviewers ask the same questions</li> <li>Unconventional process = taking a walk, going shopping, getting a sense of behavioral fit</li> <li>The first days/weeks on the job have a big impact on employees – they shouldn't just be about filling out forms, but should also reinforce the core values and focus on organizational goals</li> <li>Performance Management provides employees clarity about what it expected of them, and regular feedback about whether they are adequately meeting expectations</li> <li>The best processes are simple and stimulate the right conversations around the right topics</li> <li>Often the process is too focused on legal protection via detailed documentation</li> <li>When employees focus more on official 'grades' and managers focus on documentation more</li> </ul>

Firing	<ul> <li>The decision to let someone go should be driven by organizational values</li> <li>If employee behavior is consistent with core/permission-to-play values, look at how the employee is managed and find a way to give a second chance to succeed</li> </ul>
Checklist for Discipline 4: Reinforce Clarity	A leadership team can be confident that they've mastered this discipline when the organization:  Has a simple way to carefully select new employees based on company values  Brings in new people by teaching them about the six elements of clarity  Sets goals & reviews employee progress consistent with the elements of clarity  Fires employees who don't fit with core values, and helps those that do succeed  Has compensation and rewards systems built around company values & goals
	Chapter 7: The Centrality of Great Meetings
Great Meetings	Meetings are a good indicator of organizational health     Meeting Stew – too many types of topics in one meeting (e.g. mixing tactical & strategic)
The Four Meetings	<ul> <li>Daily Check-In (Administrative: 5-10 min daily) – least important meeting, but can be valuable         <ul> <li>No agendas, no issue resolution, just a quick exchange of helpful to know admin information</li> <li>These meetings can save time in the long run by preventing e-mails</li> </ul> </li> <li>Weekly Staff (Tactical: 45-90 min weekly or bi-weekly) – most important meeting         <ul> <li>Real-Time Agenda: 1) leaders identify 1-2 individual weekly objectives (30 sec each), 2) the team assesses the scorecard status: R-Y-G (5-10 min), 3) the team agrees on an agenda</li> <li>The team should avoid getting sucked into compelling issues that: 1) derail the focus on tactical issues, and 2) are strategic issue that can't be resolved during the meeting</li> </ul> </li> <li>Ad-hoc Topical (Strategic: 2-4 hours monthly) – most interesting and compelling         <ul> <li>Dig into critical issues that have long-term impact and require time to resolve</li> <li>The most important piece of advice is to separate strategic from tactical conversations</li> </ul> </li> <li>Quarterly Off-Site (Developmental: 1-2 days quarterly)         <ul> <li>The purpose is to step back and getting a fresh perspective on key issues</li> </ul> </li> <li>Do leaders spend too much time in meetings? What else should they be doing - e-mail, analysis?</li> </ul>
Checklist for Meetings	A leadership team can be confident that they've mastered meetings when they can affirm:  Tactical and strategic discussions are addressed in separate meetings  Tactical meeting agendas are set only after the team has reviewed progress vs. goals  Strategic meetings have enough time for clarification, debate, and resolution  Quarterly meetings are done off-site to review the industry, the organization, and the team
	Chapter 8: Seizing the Advantage
Seizing the Advantage	The power of organizational health is undeniable, but it is largely untapped in most companies     Early adopters will seize the advantage and achieve greater differentiation from competitors
Leader's Sacrifice	The leader of the team is crucial to the success of building organizational health     Organizational health depends upon the genuine commitment & active involvement of the leader
First Critical Steps	<ul> <li>Hold an Initial Off-site – to build a cohesive team and create clarity</li> <li>Build a Playbook – to outline the information above</li> <li>Conduct an Initial Communication – to inform the organization and continuously remind it</li> <li>Design Systems to Reinforce – to embed the playbook into every process that involves people</li> <li>The initial steps will take 1-6 months depending upon how much focus is allocated</li> </ul>